



# ATAL BIHARI VAJPAYEE MEDICAL UNIVERSITY, UP

## LUCKNOW

### Thesis Proposal [Synopsis] Guidelines for M.Sc. Nursing/ NPCC Program

[A Comprehensive Proposal; Quick to Convey Your Thesis Plan]

#### PRELIMINARY PAGES

1. Main Cover Page: A sample format enclosed as Annexure-I
2. Title Page (1<sup>st</sup> Inner page): A sample format is enclosed as Annexure-II
3. Declaration by the student: A sample format is enclosed as Annexure-III
4. Certificate by Supervisor/ Co-supervisor(s): A sample format is enclosed as Annexure-IV
5. Table of Content
6. Abbreviations

#### INTRODUCTION

1. Background of Study
2. Need and Justification of Study
3. Research Problem Statement
4. Objectives
5. Operational Definitions
6. Hypothesis/ Assumptions
7. Delimitations
8. Conceptual Framework

## REVIEW OF LITERATURE

Interpretative description of reviewed literature under relevant subheadings; an example given of subheading for a study is given below:

- Prevalence and incidence of insomnia in patients with mental illness
- Clinician's knowledge about insomnia in patients with mental illness
- Therapies for management of insomnia in patients with mental illness

**Note: It should be synthesis and critical evaluation of reviewed literature under particular sub-head rather than annotated bibliography or chronological summary of each reviewed research paper. [5-7 most recent studies]**

## METHODOLOGY

1. Research Approach
2. Research Design
3. Research Setting: A brief description about research setting
4. Target Population
5. Sampling
  - i. Sampling size
  - ii. Sampling techniques
  - iii. Sample size calculation
  - iv. Inclusion and exclusion criteria for sample selection
6. Variables
  - i. Independent, dependent/ outcome and extraneous variables for experimental studies
  - ii. Research variables in observational/ qualitative studies
7. Data Collection tool (s)
  - i. Development and description of the tools: type, number of items, blueprint, scoring key
  - ii. Reliability and validity of tool (s).
8. Ethical Considerations
9. Procedure for Data Collection
10. Plan for Data Analysis

**NOTE:** In experimental study, follow **consort chart/guidelines** (refer: <https://www.equatornetwork.org/reporting-guidelines/>) to write methodology and include randomization, control group, intervention, blocking, allocation concealment, outcome variables etc.

## **REFERENCE**

1. List reference in the order it is referred in the text
2. Follow Vancouver's Style of reference writing.

## **ANNEXURES**

- i. Tools (translated version in different language; if applicable)
- ii. Patient information sheet and informed consent

**NOTE:** All the annexures should be referred in the text and present the appendices in the order it appear in the text.

## **SPECIFIC INSTRUCTIONS**

### **I. Font:**

Font style: Times New Roman

Font size:

- 12 for the text throughout
- 14 point-Bold caps for section title [Introduction, Literature Review & Methodology etc]
- 12 point-Bold for section headings
- 12 point-Bold Italic for subsections
- All headings should be left aligned, except chapter headings, which should be centered.

### **II. Spacing/ margins/ Printing:**

- 1.5 spaced throughout the manuscript of proposal.
- 1½ inch margin in left and one inch in upper, lower and right side of the page.

### **III. Page Layout:**

- Begin each new section i.e. Introduction, Literature review and Methodology on a new page.
- Preliminary pages to be numbered in Roman numerals.
- Proposal manuscript page numbering must begin from first page of Introduction till end including references; using Arabic numerals for page numbering.
- Page numbering at bottom in the centre of each page.

### **IV. Captions and Numbering (Tables and Figures):**

- Each Table and Figures / illustrations should carry a number and caption that clearly describes the nature of data presented.

- Each table and figures/ illustrations should carry Arabic numbers separately; and number them consecutively throughout, in the order in which they are placed in the text.
- **Title** must be placed at the top of the table and for figure title must be placed at the bottom of the figure or illustration.

**V. Number of Pages in Proposal/ Synopsis:**

Thesis proposal must be as comprehensive as possible without losing any essential component; ideally it would be about 15-20 pages for the content except appendices. However, variation may be accepted as per the nature of the study.

**VI. Paper:** A4 executive bond

**VII. Grammar and Spelling:**

- A good quality language and grammatical editing must be done; if needed help of a language expert may be taken.
- Use simple language.
- Avoid fancy and technical jargon.
- Avoid long sentences clubbing many ideas together.

**VIII. Outer Cover of Thesis Proposal**

- i. Transparency at front and back stapled and left-side is covered by brown tap.
- ii. Name of student, batch year and specialty must be published at front cover as specified.

**IX. Number Thesis Copies to be Submitted**

- i. One (01) hard copy and one (01) soft copy in .pdf format in CD of the complete thesis proposal from cover page to the last appendix must be submitted to Dean, Nursing, Atal Bihari Vajpayee Medical University, UP, Lucknow.

**Appendix I – An example of Cover page**

**“INVESTIGATION OF THE EFFECT OF STINGING NETTLE EXTRACT ON  
NEUROLOGICAL ALTERATIONS DURING COMORBIDITY OF  
DEPRESSION AND TYPE 2 DIABETES”**

**[Font: 14 point (Bold all caps) Times New Roman]**



**[Colored Logo size: 4.5cm]**

**THESIS PROPOSAL SUBMITTED BY**

**RAMKUMAR SHARMA**

**[Font: 14 point (Bold all caps) Times New Roman]**

**MASTER OF SCIENCE IN NURSING**

**[Medical Surgical Nursing- Orthopedic Nursing]**

**[Font: 14 point (Bold all caps, but not specialty title) Times New Roman]**

**ATAL BIHARI VAJPAYEE MEDICAL UNIVERSITY**

**UTTAR PRADESH, LUCKNOW**

**[Font: 14 point (Bold all caps) Times New Roman]**

**Appendix II - Cover page and 1<sup>st</sup> Inner Page of Thesis**

**“INVESTIGATION OF THE EFFECT OF STINGING NETTLE EXTRACT ON  
NEUROLOGICAL ALTERATIONS DURING COMORBIDITY OF  
DEPRESSION AND TYPE 2 DIABETES”**

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**MASTER OF SCIENCE IN NURSING**

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**[Font: 14 point (Bold all caps, but not specialty title) Times New Roman]**

**Signature  
Name of Supervisor**

**With Compete designation and name of institute**

**Signature  
Name of Co-Supervisor(s)**

**[Font 12 point (Sentence case & Bold) Times New Roman]**

**Appendix III- Format for Declaration by Student**

**DECLARATION BY THE CANDIDATE**

**[Font: 14 point (Bold all caps) Times New Roman]**

I, [***Ramkumar Sharma (only First letter capital, Bold italic)***], declare that the thesis proposal entitled-  
-----is my own work, will be  
conducted under the supervision of Dr./ Mr./ Ms.-----  
[***only First letter capital, Bold italic***] (Supervisor/Co-supervisor) at Atal Bihari Vajpayee Medical  
University, Uttar Pradesh, Lucknow (which is approved by Departmental Research Committee  
(DRC).

I further declare that to the best of my knowledge the thesis proposal does not contain any part of  
any work which has been submitted for the award of any degree either in any college or university.

**[Font 12 point (Sentence case) Times New Roman]**

**Signature & Name of Candidate**

**Ramkumar Sharma M.Sc.N-Batch [2023-25]**

**[Font 12 point (Sentence Case & Bold) Times New Roman]**

**Appendix IV- Format for Certificate by Supervisor (s):**

**CERTIFICATE BY SUPERVISORS**

**[Font 14 point (Bold all caps) Times New Roman]**

This is to certify that the thesis proposal entitled, “*Title of thesis*” is a bonafide and original research proposal, which will be undertaken by (Student’s Names-----[***Only First letter capital, Bold italic***] -----M.Sc. Nursing Student batch, 2020 - 2022), for partial fulfilment of the requirement for the award of M.Sc. Nursing [Medical Surgical Nursing-Orthopedic Nursing] Degree at Atal Bihari Vajpayee Medical University, Uttar Pradesh, Lucknow.

Proposal will be submitted for the ethical approval from the University Ethics Committee (UEC) of Atal Bihari Vajpayee Medical University, Uttar Pradesh, Lucknow and trial will be registered at CTRI for enrolling participants (if applicable).

**[Font 12 point (Sentence case) Times New Roman]**

**Signature**

**Name of Supervisor**

**Signature**

**Name of Co-Supervisor(s)**

**With Compete designation and name of institute**

**[Font 12 Point (Sentence case & Bold) Times New Roman]**