



**ATAL BIHARI VAJPAYEE MEDICAL UNIVERSITY, UP**  
**LUCKNOW**  
**Dissertation Synopsis Guidelines for MDS Program**

[A Comprehensive Proposal; Quick to Convey Your Dissertation Plan]

**PRELIMINARY PAGES**

1. Main Cover Page: A sample format enclosed as Annexure-I
2. Outer Cover: As per sample format - Sky Blue Colour with Black printing
3. Title Page (1<sup>st</sup> Inner page): A sample format is enclosed as Annexure-II
4. Declaration by the student: A sample format is enclosed as Annexure-III
5. Certificate by Guide/ Co-Guide(s): A sample format is enclosed as Annexure-IV
6. Table of Content
7. Abbreviations

**INTRODUCTION**

1. Background of Study
2. Need and Justification of Study
3. Research Problem Statement
4. Objectives
5. Operational Definitions
6. Hypothesis/ Assumptions
7. Delimitations

## REVIEW OF LITERATURE

Interpretative description of reviewed literature under relevant subheadings; an example given of subheading for a study is given below:

- Prevalence and incidence of insomnia in patients with mental illness
- Clinician's knowledge about insomnia in patients with mental illness
- Therapies for management of insomnia in patients with mental illness

**Note: It should be synthesis and critical evaluation of reviewed literature under particular sub-head rather than annotated bibliography or chronological summary of each reviewed research paper. [5-7 most recent studies]**

## METHODOLOGY

1. Research Design
2. Research Setting: A brief description about research setting
3. Target Population (As Applicable)
4. Inclusion and exclusion criteria for sample selection
5. Sample size calculation
  
6. Variables
  - i. Independent, dependent/ outcome and extraneous variables for experimental studies
  - ii. Research variables in observational/ qualitative studies
  
7. Procedure for Data Collection
8. Data Management
9. Ethical Considerations

**NOTE:** In experimental study, follow **consort chart/ guidelines** (refer: <https://www.equatornetwork.org/reporting-guidelines/>) to write methodology and include randomization, control group, intervention, blocking, allocation concealment, outcome variables etc.

## REFERENCE

1. List reference in the order it is referred in the text
2. Follow Vancouver's Style of reference writing.

## ANNEXURES

- i. Patient information sheet and informed consent (In Hindi & English)

### SPECIFIC INSTRUCTIONS

#### I. **Font:**

Font style: Times New

Roman Font size:

- 12 for the text throughout
- 14 point-Bold caps for section title [Introduction, Literature Review & Methodology etc]
- 12 point-Bold for section headings
- 12 point-Bold Italic for subsections
- All headings should be left aligned, except chapter headings, which should be centered.

#### II. **Spacing/ margins/ Printing:**

- 1.5 spaced throughout the manuscript of proposal.
- 1½ inch margin in left and one inch in upper, lower and right side of the page.

#### III. **Page Layout:**

- Begin each new section i.e. Introduction, Literature review and Methodology on a new page.
- Preliminary pages to be numbered in Roman numerals.
- Proposal manuscript page numbering must begin from first page of Introduction till end including references; using Arabic numerals for page numbering.
- Page numbering at bottom in the centre of each page.

#### IV. **Captions and Numbering (Tables and Figures):**

- Each Table and Figures / illustrations should carry a number and caption that clearly describes the nature of data presented.
- Each table and figures/ illustrations should carry Arabic numbers separately; and number them consecutively throughout, in the order in which they are placed in the text.
- **Title** must be placed at the top of the table and for figure title must be placed at the bottom of the figure or illustration.

#### V. **Number of Pages in Synopsis:**

Dissertation proposal must be as brief as possible without losing any essential component; ideally it would be about 10 pages for the content except cover pages & appendices. However, variation may be accepted as per the nature of the study.

#### VI. **Paper:** A4 executive bond

#### VII. **Grammar and Spelling:**

- A good quality language and grammatical editing must be done; if needed help of a language expert may be taken.
- Use simple language.
- Avoid fancy and technical jargon.
- Avoid long sentences clubbing many ideas together.

**VIII. Outer Cover of Dissertation Synopsis**

- i. Printed on A4 executive bond with Transparency at front and back with spiral binding.
- ii. Name of the student, batch year and specialty must be published at front cover as specified.

**IX. Number of Dissertation Synopsis Copies to be Submitted**

- i. One (01) hard copy and one (01) soft copy in .pdf format in Pen Drive of the complete dissertation proposal from cover page to the last appendix must be submitted to Concerned Dean, Atal Bihari Vajpayee Medical University, UP, Lucknow.

**Appendix I – An example of Cover page**

**“INVESTIGATION OF THE EFFECT OF STINGING NETTLE EXTRACT ON  
NEUROLOGICAL ALTERATIONS DURING COMORBIDITY OF  
DEPRESSION AND TYPE 2 DIABETES”**

**[Font: 14 point (Bold all caps) Times New Roman]**



**[Colored Logo size: 4.5cm]**

**DISSERTATION SYNOPSIS SUBMITTED BY**

**NAME OF THE STUDENT**

**[Font: 14 point (Bold all caps) Times New Roman]**

**NAME OF COURSE**

**COLLEGE NAME**

**ATAL BIHARI VAJPAYEE MEDICAL UNIVERSITY**

**UTTAR PRADESH, LUCKNOW**

**[Font: 14 point (Bold all caps) Times New Roman]**

**Appendix II - 1<sup>st</sup> Inner Page of Dissertation Synopsis**

**“INVESTIGATION OF THE EFFECT OF STINGING NETTLE EXTRACT ON  
NEUROLOGICAL ALTERATIONS DURING COMORBIDITY OF  
DEPRESSION AND TYPE 2 DIABETES”**

**[Font: 14 point (Bold all caps) Times New Roman]**

**DISSERTATION SYNOPSIS SUBMITTED BY**

**NAME OF THE STUDENT**

**[Font: 14 point (Bold all caps) Times New Roman]**

**NAME OF COURSE**

**[Font: 14 point (Bold all caps) Times New Roman]**

**[Name of the College]**

**[Font: 14 point (Bold all caps, but not specialty title) Times New Roman]**

**Signature**

**Name of Guide**

**Signature**

**Name of Co-Guide(s)**

**With Complete designation and name of college**

**[Font 12 point (Sentence case & Bold) Times New Roman]**

### Appendix III- Format for Declaration by the Student

#### DECLARATION BY THE STUDENT

**[Font: 14 point (Bold all caps) Times New Roman]**

I, [*Name of the student (only First letter capital, Bold italic)*], declare that the dissertation proposal entitled \_\_\_\_\_ is my own work, will be conducted under the supervision of Dr. .\_\_\_\_\_ [*only First letter capital, Bold italic*] (Guide/ Co- Guide/s) at Atal Bihari Vajpayee Medical University, Uttar Pradesh, Lucknow. (which is approved by Departmental Research Committee (DRC)/ Institutional Research Advisory Committee (RAC).

I further declare that to the best of my knowledge the dissertation proposal does not contain any part of any work which has been submitted for the award of any degree either in any college or university.

**[Font 12 point (Sentence case) Times New Roman]**

**Signature &**

**Name of the Student with Course name with subject & Batch**

**[Font 12 point (Bold) Times New Roman]**

**Appendix IV- Format for Certificate by Guide (s):**

**CERTIFICATE BY GUIDE (S)**

**[Font 14 point (Bold all caps) Times New Roman]**

This is to certify that the dissertation proposal entitled, "*Title of dissertation*" is a bonafide and original research proposal, which will be undertaken by (Student's Names-----[***Only First letter capital, Bold italic***] ----- MDS/ MD/ MS/ DM/ MCh Student batch, 2023 - 2025), for partial fulfilment of the requirement for the award of MDS/ MD/ MS/ DM/ MCh [Degree in Full] Degree at Atal Bihari Vajpayee Medical University, Uttar Pradesh, Lucknow.

Proposal will be submitted for the ethical approval from the Institutional Ethics Committee (IEC) and trial will be registered at CTRI for enrolling participants (if applicable).

**[Font 12 point (Sentence case) Times New Roman]**

**Signature**

**Name of Guide**

**Signature**

**Name of Co-Guide (s)**

**With compete designation and name of the college**

**[Font 12 Point (Sentence case & Bold) Times New Roman]**

**Countersigned by:**

**Head of Department**

**Signature with official stamp**

**Forwarded by :**

**Principal**

**Signature with official stamp**